

E-safety Parent Workshop

Helping to keep your children safe
online

**What are children
doing online?**

Ready for social networking?

There are lots of 'social networking' websites and mobile apps that children use to chat, comment, share pictures and play games with their friends.

Q: Does anyone know at which age can children join social networking sites?

9 years old?

10 years old?

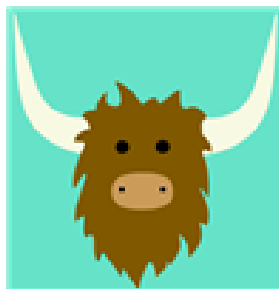
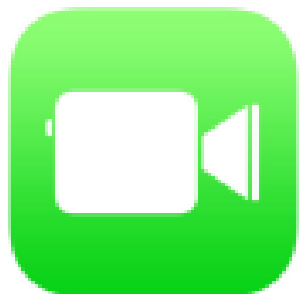
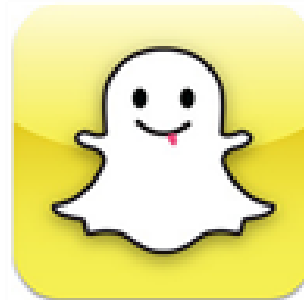
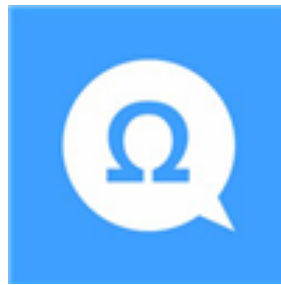
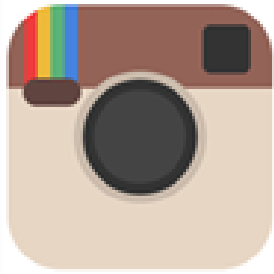
11 years old?



You need to be at least **13 years old** to sign up and some will need parental consent. Children shouldn't be using them if they are younger!

You'll be breaking the law and could be putting your children at risk.

Do you recognise these apps?



Do you recognise these apps?



Facebook

- Sharing photos and videos
- Adding and collecting friends
- Using instant messaging and updating their statuses
- Checking themselves in (location)
- Updating their status
- Can be used for grooming and cyber bullying
- **The age limit to join Facebook is 13**



Whatsapp

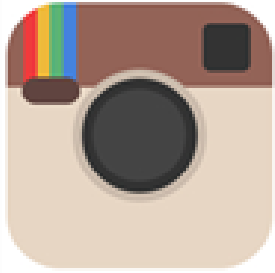
- Unlimited texting, photo and video sharing including the ability to share location to anyone on the friend list
- Increased risk of Sexting.
- Can be used for cyber bullying
- Mobile phone number as user ID
- **If you are under 16 years of age, you are not permitted to use WhatsApp**



Facetime

- Allows its users to video call each other directly on their phones
- Children using this app to display or receive inappropriate information or images
- Requires an email address to connect, so contact with strangers is not an issue
- **The age limit to sign up for Facetime is 13**

Do you recognise these apps?



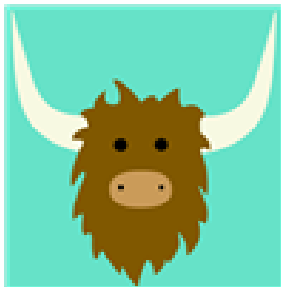
Instagram

- Users are able to share photos and short clips of video
- Users can add cool filters or create collages of their photos and share them across Facebook and other social media platforms.
- Users can still find mature or inappropriate content and comments throughout the app
- **If you are under 13 years of age, you are not permitted to use Instagram**



Skype

- Allows its users to video call each other directly on their phones
- Children using this app to display or receive inappropriate information or images
- Requires an email address to connect, so contact with strangers is not an issue
- **The age limit to sign up for Skype is 13**



Yak

- Allows users to send text and photos to others "anonymously" without using their name.
- You can choose to view and contribute to the feed of other users in a 5, 10 or 15 mile radius. This feature can potentially allow predators (paedophiles) to make contact with children very easy.
- **Users are asked to confirm that they are over 17**, however there is no way to verify this, so there is no safeguard.
- There is nowhere on the home page to report abuse.

Do you recognise these apps?



Omegle

- Omegle is an app for chatting with “random strangers.”
- It chooses a random stranger for you to chat with.
- After meeting the stranger you can choose to keep talking or find someone else
- Omegle can be used by adults to sexually exploit young people
- **Users should not be under the age of 13.**



Tumblr

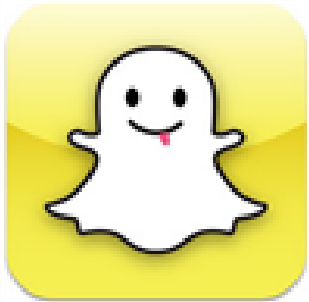
- Photo-sharing app
- Can also be used for sharing videos and chatting
- Users can easily access pornographic, violent, and inappropriate content
- Can be damaging to mental health because it tends to glorify self-harm and eating disorders
- **You are not permitted to use Tumblr unless you are at least seventeen (17) years of age**

Do you recognise these apps?



KiK

- Unlimited texting, photo and video sharing to anyone on the friend list
- Increased risk of Sexting.
- Can be used for cyber bullying
- **If you are under 16 years of age, you are not permitted to use KiK**



Snapchat

- A messaging app that lets users put a time limit on the pictures and videos they send before they disappear.
- Encourages sexting as user believe photos shared will erase after a few seconds
- **If you are under 13 years of age, you are not permitted to use Snapchat**



ooVoo

- Chat room site where your children can video chat to up to 12 of their friends at any one time
- Send video messages, record and upload to YouTube and send instant messages to 'friends'
- Can be used to engage in naked video chats and inappropriate images being sent.
- **If you are under 16 years of age, you are not permitted to use OOVVOO**

Do you recognise these apps?



Whisper

- Encourages users to post pictures and share secrets anonymously as well as chat with other "whisperers."
- Whisper reveals a user's location (Very Dangerous)
- Easy for whisperers to arrange to meet up
- User can even hide and protect their history using a PIN number, making it difficult to track

You are not permitted to use Whisper unless you are at least thirteen (13) years of age.



Vine

- Users able to shoot and share short loops of video (*6 seconds or less*)
- Basic creative searching facility allows children to find nudity, sex, drug use, offensive language, and more
- **You are not permitted to use Vine unless you are at least thirteen (17) years of age**

Cyberbullying

Cyberbullying is when someone bullies others over the internet or on a mobile phone by sending abusive emails or texts directly or by posting nasty comments or humiliating images for others to see. Like any form of bullying, cyberbullying can be horrible for the children involved and hard for them to talk about.



How is cyberbullying different from other bullying?

One of the biggest differences between cyberbullying and face-to-face bullying is that it can be hard to get away from. Young people could be bullied anywhere, anytime – even when they're at home.

Cyberbullying can have a large audience too. Posts on social networks, emails or group chats can be seen by lots of people very quickly.

Cyberbullies can also remain anonymous, by using fake profiles on social networking sites or blocking their phone numbers. This can make it harder to identify the bullies, but texts and other messages can be saved as proof of the bullying.

Cyberbullying

What are the most common ways of cyberbullying?

Text Bullying

- Sending mean, abusive or threatening text messages

Social network bullying

- Posting cruel messages on sites like Facebook, or setting up a fake profile or group about someone

Email or instant messaging bullying

- Sending nasty or threatening emails or instant messages

Sharing images

- Publishing or sharing photos, videos or webcam footage of someone without their permission

Q: What is **Sexting**?

'Sexting' is the exchange of self-generated sexually explicit images, through mobile picture messages or webcams over the internet.

Young people may also call it:

- Cybersex
- Sending a nudie, video, picture or selfie
- Flirting



What are the dangers of **Sexting**?

Illegal

Sending an explicit image, a child is producing and distributing child abuse images and risks being prosecuted.

Children may think 'sexting' is harmless but it can leave them vulnerable to:

Blackmail

An offender may threaten to share the pictures with the child's family and friends unless the child sends money or more images.

Bullying

If images are shared with their peers or in school, the child may be bullied.

Unwanted attention

Images posted online can attract the attention of sex offenders, who know how to search for, collect and modify images.

Emotional distress

Children can feel embarrassed and humiliated. If they are very distressed this could lead to suicide or self-harm.

What are the dangers of **Sexting**?

No control of images and how they are shared

It's easy to send a photo or message but the sender has no control about how it's passed on.

When images are stored or shared online they become public. They can be deleted on social media or may only last a few seconds on apps like Snapchat, but images can still be saved or copied by others.

These images may never be completely removed and could be found in the future.

<http://www.mirror.co.uk/news/uk-news/primary-school-children-aged-11-6145982>

Online Gaming

Online Gaming

- Playing games against friends and strangers
- Chatting to friends and strangers using microphone headsets
- Exchanging contact details
- Playing games unsuitable for their age?

[GTA](#)



[Call of Duty](#)



Apply some common sense, but some 18 certificate games are clearly unsuitable for anyone below that age

<http://www.bbc.co.uk/news/uk-england-30786021>

PEGI Rating

What is a 'PEGI' Rating?

The Pan-European Game Information (PEGI) age rating system was established to help European parents make informed decisions on buying computer games. It was launched in spring 2003 and replaced a number of national age rating systems with a single system now used throughout most of Europe, in 30 countries



What do the labels mean?

The PEGI labels appear on front and back of the packaging indicating one of the following age levels: 3, 7, 12, 16 and 18. They provide a reliable indication of the suitability of the game content in terms of protection of young children. The age rating does not take into account the difficulty level or skills required to play a game.

PEGI Rating

PEGI 3



The content of games given this rating is considered suitable for all age groups. Some violence in a comical context (typically Bugs Bunny or Tom & Jerry cartoon-like forms of violence) is acceptable. The child should not be able to associate the character on the screen with real life characters, they should be totally fantasy. The game should not contain any sounds or pictures that are likely to scare or frighten young children. No bad language should be heard.

PEGI 7



Any game that would normally be rated at 3 but contains some possibly frightening scenes or sounds may be considered suitable in this category.

PEGI 12



Videogames that show violence of a slightly more graphic nature towards fantasy character and/or non graphic violence towards human-looking characters or recognisable animals, as well as videogames that show nudity of a slightly more graphic nature would fall in this age category. Any bad language in this category must be mild and fall short of sexual expletives.

PEGI 16



This rating is applied once the depiction of violence (or sexual activity) reaches a stage that looks the same as would be expected in real life. More extreme bad language, the concept of the use of tobacco and drugs and the depiction of criminal activities can be content of games that are rated 16.

PEGI 18



The adult classification is applied when the level of violence reaches a stage where it becomes a depiction of gross violence and/or includes elements of specific types of violence. Gross violence is the most difficult to define since it can be very subjective in many cases, but in general terms it can be classed as the depictions of violence that would make the viewer feel a sense of revulsion.

Descriptors shown on the back of the packaging indicate the main reasons why a game has received a particular age rating. There are eight such descriptors: violence, bad language, fear, drugs, sexual, discrimination, gambling and online gameplay with other people.



Watching Videos Online



How safe is Youtube?
Can you control user comments?
Advertisement issues?

**Q: What can
parents do to keep
their children safe?**

NSPCC