

Safeguarding News Summer 2024

WHO TO CONTACT IF YOU HAVE A CONCERN ABOUT A CHILD

If you are worried about a child's safety please contact the Designated Safeguarding Lead.

Designated Safeguarding Lead:

Ms Panesar



Designated Safeguarding Team:

Mr Harris

Mr Warren

Ms Beck (Governor)

For a copy of our school's Child Protection and Safeguarding Policy, please visit the 'Safeguarding' page on our school website

<https://www.lauriston.hackney.sch.uk/about-us/safeguarding>

They can be contacted via the school office, or by telephone on

020 89856331



Dear Parents and Carers ,

As we approach the end of this academic year, we want to thank you for your continued support in safeguarding our children. We hope over the next six weeks you get the opportunity to spend some quality time with your children. We recognise that many children will be spending time out and about in the sunshine in the local community and will also be enjoying spending time online through gaming, messaging their friends and browsing the internet. To support you in keeping your children safe, please see some key information around summer and online safety.

We hope you have a lovely holiday.

Be safe online in the holidays

For many young people this time will be spent using the internet to keep in touch with school friends, catch up with the latest apps and online trends, and play their favourite games. Technology and the way in which we interact with it has a vast impact on both our mental and physical health so we need to think carefully about:

Sit down together

The summer holidays are a great chance to sit down with your children and find out about the things they like to do online. Together you can visit their favourite sites and join in with their favourite games. This is a great way to stay up to date with their online lives and show them that you're interested in what they are doing. If you've had positive conversations about online activity your child is more likely to talk to you, if they come across something that is upsetting.

Set screen time limits

Talk to your child about how much screen time they are allowed. Remind your child to take regular breaks from the screen. You can set most devices to turn off after a certain time. Ideally your child stops looking at a screen at least an hour before bed. This is so they have a good night's sleep!

Interacting with others online

It is important to create a culture of openness in order to make sure they are interacting safely. Here are three ways to do this:

1. **Check in regularly** with your child about their group chats.
2. **Be aware of who else is involved** and make sure that your child is only talking to people they know in the real world.
3. **Ask them to show you** some of their conversations so you can get a feel for what is going on in the chats.

Online interactions can be risky. Teach your child about the importance of not sharing personal information with people they meet online, including their name, address or school.

Summer Safety

We hope you have a wonderful summer holiday and find time to have fun as a family. Here are some tips to consider:

1. **Swimming Safety:** Swim at properly-supervised sites 

2. **Sun Safety:**

Sunscreen 30+

Sun hats

Shade (11am - 3pm)

Sunglasses



3. **Road Safety:** Remind your children of the basic rules to look out for all vehicles.



4. **Temporary tattoo** (of your phone number) in case they get lost.

5. **Take care with personalised items – like named bags, t-shirts and bracelets.** It is a good idea not to have any names visible. If a stranger is able to easily read their name, they'll be able to address them by it, meaning your child is more likely to trust them.

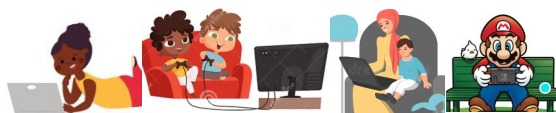


6. **Talk to your child about what to do if they separated from you.** Have a safety plan for if you get separated from each other.

7. **Make a family code word:** Come up with a code word which you and your children can use to reassure or warn each other in potentially dangerous situations - Pick something that is easy to remember, but unusual and impossible for anyone else to guess. This is useful for a few different situations:

- When at a friend's house, if your child feels unsafe or wants to leave without seeming rude, ask them to call you and use the code word.
- If, when out in public, there's a safety threat, you can use the word to warn your children to get close to you and leave quickly.

8. **Staying safe online** - Children and young people will have more free time to spend with friends and family online. Click on the link below for further guidance from the NSPCC with a range of guides available: [Keeping children safe online | NSPCC](#)
Order a pack today from the NSPCC: [Help keep children safe online with Techosaurus! | NSPCC](#)



What to do if you suspect a child is being abused or in danger:

Report any concerns if you suspect a child is being abused or is in danger of being abused please contact a Designated Safeguarding Lead, or any member of staff.

If you live in **Hackney**, you can contact the Multi Agency Safeguarding Hub (MASH) on: 020 8356 5500 .

If you live in **Tower Hamlets**, you can contact children's services advice line on: 020 7364 5601.

If you live in **Islington**, you can contact children's services advice line on: 02075277400

If a child is in immediate danger, call the Police immediately on 999.