

# Safeguarding News Summer 2023

## WHO TO CONTACT IF YOU HAVE A CONCERN ABOUT A CHILD

If you are worried about a child's safety please do not hesitate to contact the Designated Safeguarding Lead straight away.

Below are the names of staff who are part of the safeguarding team at Lauriston Primary School.

### Designated Safeguarding Lead:



### Designated Safeguarding Deputies:

Mr Harris

Ms Brooks

### Safeguarding Team:

Mr Warren

Ms Childs (Governor)

They can be contacted via the school office, or by telephone on 02089856331

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For a copy of our school's Child Protection and Safeguarding Policy, please visit the 'Safeguarding' page on our school website

<https://www.lauriston.hackney.sch.uk/about-us/safeguarding>



Dear Parents and Carers ,

As we approach our final term of this academic year, we would like to share a few reminders of how to keep your children safe. At last the sun has come out to play and with the change in weather it is important that the children are attending school appropriately dressed. Please find below some ways of keeping safe in the sun, so that children can continue to enjoy their time outside.

With the summer holidays in mind it is common for children's time online to increase. Continue to talk to your child about the importance of appropriate behaviours whilst online and about their digital footprint.

## WHAT IS YOUR DIGITAL FOOTPRINT?

Whenever you visit a website, share a photo or make a comment online, you leave a digital footprint that other people can see. Your digital footprint includes all the information you share or that's collected about you online, and there can be a lot of it.

Lots of the information you share can be seen by other people. It can be used to target adverts at you, or it could be seen by a potential employer years later. Sometimes people can use the details you share to work out your identity.

Your footprint can be both good and bad. It could show things you're embarrassed about later, or help people to see your skills or things you're proud of.

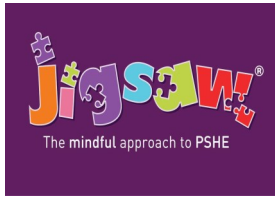
### 7 things that could be part of your digital footprint

1. Photos and posts on social media
2. Data collected on fitness trackers and smart watches
3. Games you've played online
4. Things you've bought
5. Information you allow apps to collect or access
6. Voice searches on Alexa or other devices
7. Comments or arguments you've been in

*Taken from Childline: taking care of your privacy and digital footprint.*

Here is also a link to an easily accessible book you could share with your children about the importance of understanding what you are posting online.





## Summer 1 theme: Relationships

Relationships starts with building a respectful relationship with self and covers topics including families, friendships, pets and animals, and love and loss. A vital part of this Puzzle is about safeguarding and keeping children safe; this links to online safety and social networking. Children learn how to deal with conflict, build assertiveness skills, and identify their own strengths and strategies for building self-esteem and resilience. They explore roles and responsibilities in families and friendship groups, and consider stereotypes.

## Summer 2 theme: Changing Me

We want all our children to grow up healthy, happy, safe, and able to manage the challenges and opportunities of modern Britain and maintain healthy and strong relationships now and into adult life.

Please find below a link to the Jigsaw guide to how the statutory requirements of RHSE is taught at Sebright.

[RHSE and Jigsaw—Information for parents.](#)

Please follow the following link for the specific lessons that cover the RSHE content in each year group.

[RHSE Lesson content](#)

## Summer Safety

We hope you have a wonderful summer holiday and find time to have fun as a family.

Below are some top tips in staying safe during the holiday:

**1. Keep children safe around water** - Go swimming at properly-supervised sites

**2. Follow the five Ss of sun safety:**

**Sunscreen** – slop on SPF 30+ broad-spectrum waterproof sunscreen every two hours

**Sun hat** – put on a broad-brimmed hat that shades your face, neck and ears

**Sunglasses** – wear wrap-around sunglasses with UV protection to shield the eyes

**Shoulders** – slip on a T-shirt or UV protective suit for children and remember to keep your shoulders covered

**Shade** – seek shade, particularly during the hottest time of the day between 11am and 3pm

**3. Make sure your children know how to cross the road safely** - Sounds very basic, but when young children are out and about with their friends, they can easily get distracted or might take risks when crossing roads. Ensure they have the skills and understanding to deal with roads and traffic safely.

**4. Temporary tattoo (of your phone number) in case they get lost** - This is a great tip to ensure your child will always be able to contact you, even if they have not got access to their own phone or have forgotten your number. It is a particularly good idea at busy events like festivals or theme parks where you could get separated in a crowd.

**5. Don't keep personalised items** - It is a good idea not to have anything visible with your child's name on like rucksacks, tops, and bracelets. If a stranger is able to easily read their name, they'll be able to address them by it, meaning your child is more likely to trust them.

**6. Talk to your child about what to do if they separate from you** - If your child gets separated from you in public, a police officer would be a good person for them to ask for help, but they're not always around.

While you'll never exactly know who is safe and who isn't, a mum or dad with their own children is usually a good choice, they are likely to want to help and will know what to do.

**7. Make a family code word** - Come up with a code word which you and your children can use to reassure or warn each other in potentially dangerous situations - Pick something that is easy to remember, but unusual and impossible for anyone else to guess. This is useful for a few different situations:

- When at a friend's house, if your child feels unsafe or wants to leave without seeming rude, ask them to call you and use the code word.

- If, when out in public, there's a safety threat, you can use the word to warn your children to get close to you and leave quickly.

**8. Staying safe online** - Children and young people will have more free time to spend with friends and family online. Click on the link below for advice on staying safe on line: <https://saferinternet.org.uk/guide-and-resource/staying-safe-online-in-the-summer-holidays>



## What to do if you suspect a child is being abused or in danger:

Report any concerns if you suspect a child is being abused or is in danger of being abused please contact a Designated Safeguarding Lead, or any member of staff. If you live in Hackney, you can contact the Multi Agency Safeguarding Hub (MASH) on: 020 8356 5500 . If you live in Tower Hamlets, you can contact children's services advice line on: 020 7364 5601. **If a child is in immediate danger, call the Police immediately on 999.**